

BETTER CHRISTMAS

Christmas Your Way



ORDERING IS EASY

- Fill in this form**
Bring your completed form to any of our stores, or pop it in the post to: Christmas 2021, Better Food, Sevier St, Bristol, BS2 9LB
- Order online**
Go to betterfood.co.uk/christmas and you'll find the same items as this form
- By email**
Send your order with your name and contact details to: christmas@betterfood.co.uk
- By phone**
Call 0117 935 1725 (ext 215), Monday to Friday 8am-4pm and tell us what you would like to order

Whichever method you choose, you'll receive an email or phone call confirming it's all as you planned, and you can make changes up to 16th December.

This Christmas we've curated everything you need for the perfect festive feast.

Our 2021 Christmas collection takes care of your big meal, be it large or small, exactly the way you want it. And, we're flexible to suit you; order in-store, online, by phone or email, and make changes up to 16th December.

We've built direct relationships with the best local suppliers over many years, so you can trust that we've done the hard work for you. Almost everything in our Christmas collection is organic, which means your feast is better for the soil, for wildlife and biodiversity, and for farm animals.

- Look out for:**
- **Centre table:** turkey, goose, duck and chicken
 - **The encore:** pork, beef and lamb
 - **Plant-based centrepieces:** vegan bakes
 - **Terrific trimmings:** bacon, sausages and smoked salmon
 - **Don't forget:** veg box and gravy
 - **Save room for:** cheese (vegetarian and vegan), mince pies, wine, Christmas pudding and chocolates

ORGANIC VEGAN BAKES from Better Food (please note our kitchen is not an allergen-free environment)

Made in St Werburghs from organic ingredients by our talented chefs – exclusively for you. A fitting centrepiece for your plant-based feast, or a delicious and different side.



Parsnip, Mushroom and Cashew Nut Bake (serves 2): £9.99 Quantity:

This succulent roast parsnip and mushroom bake is flavoured with rosemary and sage and packed with cashews and hazelnuts.

Ingredients (allergens in **bold**): parsnips, brown mushrooms, white onions, speckled lentils, **hazelnuts (nuts)**, **cashews (nuts)**, cabbage, pumpkin seeds, sunflower seeds, garlic, rosemary, sage, **mustard**, sea salt, linseed, nutmeg.



Lentil and Seed Bake (serves 2): £7.99 Quantity:

A wholesome and satisfying lentil bake, complemented by delicious toasted seeds. Made without allergens but not in an allergen-free kitchen.

Ingredients: butternut squash, fennel, speckled lentils, white onions, carrots, savoy cabbage, pumpkin seeds, sunflower seeds, garlic, rosemary, linseeds, fennel seeds, sea salt, olive oil.

ORGANIC CHRISTMAS VEG BOX



Organic Veg Box: £20

Everything you need to complement your roast dinner. Enough for 6 - 8 servings, so plenty for big appetites and leftovers.

See betterfood.co.uk for Christmas recipe ideas.

Box contains: Potatoes, Carrots, White Onions, Red Cabbage, Brussels Sprouts, Parsnips, Leeks. Combined weight approx. 8.5kg.

ORGANIC WINE from Better Food

We just love this red wine, so much so, we put our name on it! To show your wine at its best, decant it into a jug an hour before the meal. Contains the allergen **sulphites**.

Better Food Editions Nero D'avola Sicilia: £9.99 Quantity:

Bursting with dark berries and subtle spices. Grown in organic vineyards on the hillside slopes of Trapani in Sicily. Great with roast pork, gamey poultry like goose and duck, or a nut roast.

Made in Sicily from Nero d'Avola grapes. Vegan, full-bodied, fruity and dry.



FAQs

- **How do I pay?**
Orders are paid for on collection from your chosen store: St Werburghs, Clifton, Wapping Wharf or Gloucester Road.
- **How much will my order cost?**
Due to the weight variance in organically reared animals, we have weight bands for you to choose from when you order, rather than exact weights. Each item is priced per kilogram, so you can work out a minimum and maximum expected price. For example, a turkey is £19.99 per kilogram. If you choose a 4kg – 5kg turkey, it will cost between £79.96 and £99.95.
- **I've placed my order, what next?**
Once you've submitted your order, you'll get an email or phone call confirming the details along with your Order ID number. Keep this Order ID safe, as you'll need to bring it with you when collecting your order – see below.
- **I need to make an amendment! How do I do this?**
Amendments can be made up to Thursday 16th December. To make an amendment, call us on 0117 935 1725 ext 215 or email christmas@betterfood.co.uk with your Order ID. If you'd like to make any amendments after this date, contact us and we'll do our best.

PLACING YOUR ORDER

Orders are processed on a first come first served basis, so order early to avoid disappointment. **Ordering closes Thursday 16th December.**

Once your order is in, we'll phone or email you confirming the details and give you your Order ID. Don't forget, you can order your Christmas feast via this paper form, online, by email or by phone. Details are on the front page.

Please fill in all details below in CLEAR CAPITAL LETTERS, and hand in your completed form at any of our stores.

We hold and store all your personal data in line with the GDPR 2018. For a copy of our data protection policy please email marketing@betterfood.co.uk

First Name: _____ Last Name: _____

Phone number: _____

Email: _____

Tick to join our mailing list for regular offers, prizes and news. Staff initials/Date: _____

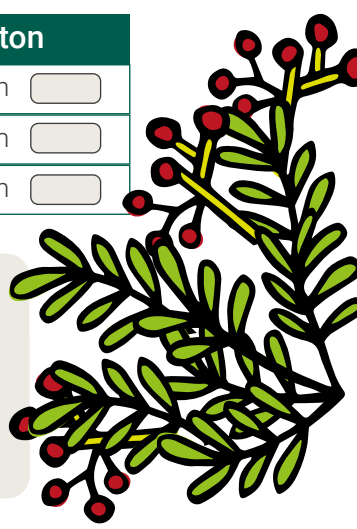
COLLECTING and PAYING FOR YOUR ORDER

Tick the corresponding box to let us know which store and date you'd like to collect your order. We don't ask for a deposit up front. **Full payment will be on collection.**

Collection	St Werburghs	Clifton	Wapping Wharf	Bishopston
Wed 22nd Dec:	8am - 8pm <input type="checkbox"/>	8am - 8pm <input type="checkbox"/>	8am - 8pm <input type="checkbox"/>	8am - 8pm <input type="checkbox"/>
Thu 23rd Dec:	8am - 8pm <input type="checkbox"/>	8am - 8pm <input type="checkbox"/>	8am - 8pm <input type="checkbox"/>	8am - 8pm <input type="checkbox"/>
Fri 24th Dec:	8am - 1pm <input type="checkbox"/>	8am - 1pm <input type="checkbox"/>	8am - 1pm <input type="checkbox"/>	8am - 1pm <input type="checkbox"/>

QUESTIONS? CONTACT US

- 0117 935 1725 ext 215
- christmas@betterfood.co.uk
- [betterfood.co.uk](https://www.betterfood.co.uk)
- [/BetterFood](https://www.facebook.com/BetterFood)
- [@BetterFoodCo](https://www.instagram.com/BetterFoodCo)
- [@BetterFoodCo](https://www.instagram.com/BetterFoodCo)



ORGANIC POULTRY

Whatever your gathering looks like, we've sourced delicious organic centrepieces to suit large and small.

Organic Turkey, Goose, Duck and Chicken from Otter Valley

Farmer, Ross Gardner, teamed up with mixed farms near the East Devon coast to form Otter Valley. The collective specialises in slow-growing, high welfare, organic poultry, reared in small flocks with plenty of space to roam and behave naturally.



Organic Whole Turkey: £19.99/kg			
Small	(4 - 5kg)	3 - 6 servings	
Medium	(5 - 6kg)	4 - 8 servings	
Large	(6+kg)	6 - 10 servings	

Organic Turkey Crown: £34.99/kg			
Small	(2 - 3kg)	4 - 8 servings	
Medium	(3 - 4kg)	6 - 10 servings	

What Size Bird Should I Buy?

The 'servings' guide next to the weights are intended to give you a rough idea of what you might need, depending how many other dishes you're planning to serve, and how many chocolates you've eaten for breakfast.

Plans Changing?

We know that this year may look different for many people, and can reassure you that we'll be offering the same flexible Christmas ordering service as previous years – you can make changes right up to the 16th December.



Organic Whole Goose: £20.99/kg			
Medium	(4 - 5kg)	4 - 8 servings	
Large	(5 - 7kg)	8+ servings	

Organic Whole Duck (pictured): £11.99/kg			
One size	(about 1.8 - 2.3kg)	2 - 4 servings	

Organic Whole Chicken: £9.00/kg			
Medium	(about 1.75 - 2.25kg)	3 - 6 servings	
Large	(over 2.25kg)	5 or more servings	

A Word On Giblets

All birds come with giblets, so it's really important to take them out before cooking (check inside the bird for the bag). The weight of the giblets is included in the price, so make the most of them - you can make authentic and traditional gravy, or stock for soups. Why not add them to stuffing or give them to your pet as a treat?

ORGANIC PORK, BEEF and LAMB

If you like something a little different to be the star of your show, or just want the best trimmings we can find.

Organic Pork, Beef and Lamb from Adeys Farm

Reared on 600 acres of organic grassland, less than 20 miles from Bristol, our meat is sourced from Tim Wilson at Adeys Farm. Traditional, hardy breeds are outdoors and pasture fed all year round, working with nature to create the highest quality products.



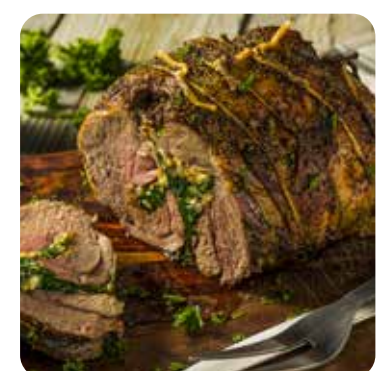
Organic Cooked Ham, Boned & Rolled, Unsmoked: £27.99/kg	
Approx weight you require (1.5 - 6.5kg):	
Organic Gammon Joint, Boned & Rolled, Unsmoked: £19.50/kg	
Approx weight you require (1.5 - 5.5kg):	
Prefer your pork smoked or on the bone? Let us know (price on request):	



Organic Trimmings	Packs required:
Streaky bacon: £4.99/6 rashers	
Smoked streaky bacon: £4.99/6 rashers	
Pork chipolatas: £5.99/12 sausages	
Sausage meat: £5.99/450g pack	
Sausage meat (gluten free): £5.99/450g pack	

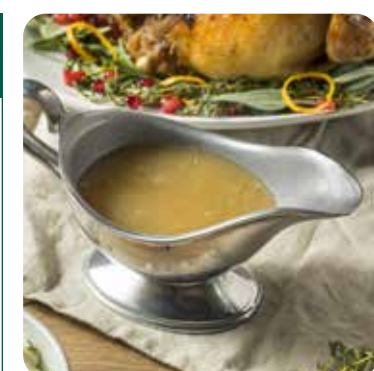


Organic Beef Topside: £19.99/kg	
Approx weight you require (1 - 4kg):	
Organic Beef Sirloin: £35.99/kg	
Approx weight you require (1 - 4kg):	
Organic Beef Roast Rib: £24.99/kg	
2 rib:	4 rib:



Organic Lamb: write the cut/s & weight/s you require:

--	--



Organic Gravy from Pegoty Hedge

Slow cooked to a traditional recipe, rich and flavoursome.

Beef Gravy: £4.99/500g

Packs required:

Chicken Gravy: £4.99/500g

Packs required:

SMOKED SALMON

Sometimes the simplest starters are the most satisfying.



Smoked, organic Glenarm salmon

We think the best UK salmon is farmed on the shores of County Antrim. It's smoked using traditional methods at Severn & Wye in the Forest of Dean.

Smoked, Organic Glenarm Salmon	Packs required:
200g pack: £9.49	
500g pack: £19.99	

ORGANIC TREATS and CHEESE

You've worked hard to make it a very special day, relax and reward yourself with a festive treat!

Organic Sweet Treats

These beautifully presented desserts make great gifts, and yes, gifting them to yourself does count.



Organic Christmas Pudding from Roots & Wings

Made using an old family recipe, plump organic raisins, currants and sultanas are soaked in Cognac and ale overnight, then mixed with organic carrots and apples, and finished with citrus juices and zesty spices. Each pudding is in a traditional ceramic bowl, tied with muslin and a ribbon.

Organic Christmas Pudding: £14.99/454g	Quantity:
---	-----------



Organic Truffles from Vivani

Nine handmade truffles in three exquisite flavours: Espresso, tender espresso cream in fine dark chocolate (contains alcohol); Wild raspberry, with white chocolate, filled with fruity raspberry cream and rolled in raspberry powder (contains alcohol); and Hazelnut nougat, coated in milk chocolate.

Organic Chocolate Truffles : £9.99/100g	Quantity:
--	-----------



Mince Pies from Better Food

A regular on our deli counter at Christmas, these delicious mince pies are seasonally spiced and packed with dried and candied fruit in buttery pastry cases. Made from organic ingredients.

Mince Pies (pack of 6): £9.99	Quantity:
--------------------------------------	-----------

Vegetarian Organic Cheeseboard

We've selected some of our favourite all British, all organic cheeses, but we know that everyone has their own must-haves. If you want to substitute or add a particular preference, just let us know. Phone (0117 935 1725 ext 215) or email (christmas@betterfood.co.uk) to discuss your perfect cheeseboard.



Small (2 - 8 servings, total weight 525g): £16.99	
--	--

Large (6 - 12 servings, total weight 875g): £25.99	
---	--

Cheeseboard Taste Guide (all pasteurised and using cow's milk except where stated)

Perl Las: Creamy with delicate blue overtones.

Cotswold Brie: Beautifully soft; rich, creamy and light in flavour.

Greens of Glastonbury Cheddar: Nutty, sweetly earthy Cheddar.

Millstone: Ewe's cheese aged for 10 months, similar texture to manchego.

Wyfe of Bath: Aged for four months for a rich, sweet, deep flavour.

Vegan Cheese from Bath Culture House

A soft naturally cultured cashew cheese, ripened with garlic, chives and oregano. Handmade in the Mendip Hills.

Garlic & Herb: £6.50/120g	Quantity:
--------------------------------------	-----------